

THE DOLDER GRAND

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Press release

Sabine Schanzenbach to take over as Director of the Dolder Grand Spa

After holding various management positions, Sabine Schanzenbach will assume overall management of the Dolder Grand Spa on 1 October 2022. In addition to her extensive knowledge of the sports, tourism and business development sectors, the new Director of Spa has many years of experience working at Swiss five-star hotels.



Sabine Schanzenbach holds a diploma in Business Administration and has been instrumental in the development of the Dolder Grand Spa since mid-2016. As Spa Fitness & Pool Manager, Spa Members Club Manager and, most recently, Assistant Director of Spa, she knows all the ins and outs of the award-winning wellness oasis at the five-star Dolder Grand hotel in Zurich. She is also very familiar with the Swiss luxury hotel sector, having held various management positions in the spa, fitness and wellness areas since 2008. Prior to this, she worked as a sports teacher and therapist and as a personal trainer for major corporations in Stuttgart and Munich. She succeeds Therese Martirena, who is leaving to set up her own business. “I am delighted that Sabine Schanzenbach is taking over from me as Director of Spa. She has achieved notable success as my deputy over many years and has always had an excellent rapport with guests in her role as Members Club Manager,” said Martirena.

“First of all, I would like to thank my esteemed colleague Therese Martirena for all the years we have worked together, and the Hotel Management and team for the trust they have placed in me. I am looking forward to working with my team, our spa brands La Prairie, Amala and Margy’s as well as our medical partners to develop the range of products and treatments available to guests at the Dolder Spa even further”, declared Sabine Schanzenbach.

The new Director of Spa has a strong background in sport, tourism and business development. After training as a sports and gymnastics teacher, she went on to qualify as a sports therapist and earned a diploma in Sports and Tourism Management. In 2021, she completed her diploma in Business

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Administration (Advanced Federal Diploma of Higher Education) at the Swiss Institute for Business Administration (SIB) in Zurich.

In her new role, Sabine Schanzenbach and her 67-strong team will be responsible for the 4,000 m² Spa, including the Ladies' Spa and Gentlemen's Spa, Aqua Zone with swimming pool, whirlpool terrace, steam bath, sanarium, mixed sauna area, Spa Library, Spa Shop, Spa Suites, fitness facilities, and treatment and relaxation areas. The Medical Wellness practice completes the range of wellness and well-being treatments and facilities at the Dolder Grand.

The Dolder Grand

With its 175 luxurious rooms and suites, exquisite cuisine, a spa encompassing 43,056 sq ft with a separate ladies' and gentlemen spa, generous banqueting and seminar facilities and a remarkable art collection, the Dolder Grand is a member of the Leading Hotels of the World and Swiss Deluxe Hotels. The Hotel's elevated location between pulsating city and invigorating nature provides guests with magnificent views over Zurich, the lake and the Alps. The 5-star-deluxe property carries the signature of architects Norman Foster as well as Sylvia Sepielli and is one of Zurich's most famous landmarks. For general images and information, visit our [media page](#).

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